

-Summer 2016-

NINJA-CAMP



June 29th - July 1st

10:00 am - 3:00 pm

@ Parkside Self Defense

145 SW Mill St.

Dallas, OR 97338



Camp Activities Include:

- ☯ Blocking, Kicking, and Striking
- ☯ Self Defense Techniques
- ☯ Introductory Sword Training
- ☯ Throwing Star Training
- ☯ Dueling
- ☯ History and Culture
- ☯ Martial Arts Films
- ☯ Obstacle Course
- ☯ Ninjas in the Park

Camp Package includes:

- ☯ Wooden Practice Sword
- ☯ 3 Rubber Throwing Stars
- ☯ T-Shirt
- ☯ Lunch provided on Friday

A unique and informative 3 day camp, where kids will learn the history, culture, and techniques used by the ninjas in Feudal Japan.

Great for kids ages 5 and above!

**Call or Scan
to Sign Up!
Space is Limited!**

503 - 751 - 1444

**Secure your
space >>>**



ParksideSelfDefense.com

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